



## *WELCOME!*

In 1859 Ullswater Steamers began transporting minerals, mail and passengers up and down the lake. In 1846 Penrith railway station opened bringing visitors from all over the country. The first cream teas were served here in our garden by the then Butler and Housekeeper of the Rampsbeck Hotel. Ever since, Granny Dowbekin's Tearoom and Gardens has welcomed the local community and our many visitors alike.

Ours is a menu of Family Favourites. Ingredients sourced locally and presented with Cumbrian style and generosity. We do home-cooked traditional food really, really well. Take Ham, Egg & Chips for instance; locally sourced ham slowly cooked overnight, hand cut into thick slices, served with twice cooked proper chips, and free range eggs delivered by Fran from Glen Hush Farm, practically the day they've been laid - all accompanied by Claire's incredible handmade Piccalilli.

From breakfast, lunch, to Afternoon Tea we offer choices for vegans, coeliacs, vegetarians, dairy intolerances, children, dogs, ducks & swans. Please let us know if you have any allergy or intolerance

We have tried to make our facilities inclusive to absolutely everyone - with a disabled WC, baby change facilities, wheelchair accessibility, bicycle racks, a dog friendly area, a dog free area, dog bowls and doggy bags; free wifi; an all day alcohol license from 10am and a smoking area. If there is anything more we can do to make your visit perfect please do let us know!

Our free WiFi public network is Granny Dowbekin's Guest  
The password is Granny123D

***Granny Dowbekin's***

*Pooley Bridge, Ullswater, CA10 2NP*

*Tel: 01768 486453*

*[www.grannydowbekins.co.uk](http://www.grannydowbekins.co.uk)*

## *ALL DAY BREAKFASTS*

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### *GRANNY'S BREAKFAST £9*

Cumberland sausage curl, two back bacon, one fried egg, black pudding, grilled tomato, mushrooms, baked beans and two slices of toast

### *THE GLUTEN FREE (NGCI) £9*

Two back bacon, one fried egg, grilled tomato, mushrooms, baked beans, two hash browns and two slices of gluten free toast

### *BACON @ EGGS £6.50*

Two rashers of bacon, two fried eggs and two slices of toast

### *SMOKED SALMON @ SCRAMBLED EGGS £9*

Smoked salmon with scrambled eggs on sourdough toast

### *BREAKFAST ROLL £5.50*

Choose from bacon, sausage, egg or vegan sausage  
(two fillings £6.50)

### *EGGS ON TOAST (V) £5.50*

Fried, scrambled or poached on sourdough toast

### *BEANS ON TOAST (V) £5*

Baked beans on sourdough toast

### *WELSH RAREBIT £6*

Savoury cheese and egg grilled on two slices of toast  
made with Brack 'n' Brew's Steamer Stout

## *THE VEGGIE (V) £9*

Two vegan sausages, fried free range egg, homemade potato & spinach cake, baked beans, tomato, mushrooms and two slices of toast

## *THE VEGAN (VE) £8*

Two vegan sausages, homemade potato & spinach cake, baked beans, mushrooms, tomato and two slices of toast served with sunflower spread.

## *AVOCADO ON TOAST (VE) £6.50*

Smashed avocado on sourdough toast with pumpkin seeds and Claire's Handmade tangy tomato relish.

## *POACHED EGGS @ AVOCADO (V) £8*

Two poached eggs & smashed avocado on sourdough toast with pumpkin seeds and Claire's Handmade tangy tomato relish.

## *PORRIDGE £5 (V)*

traditional porridge made with milk (almond or soya is available - VE)  
topped with fruit compote

## *JUST TOAST £2.50 (V)*

with Netherend Farm butter,  
marmalade, strawberry jam or honey £3

## *TOASTED TEACAKES (V)*

served with Netherend Farm butter £2.50 add strawberry jam £3

(VE) = Vegan

(V) = Vegetarian

(NGCI) = None Gluten Containing Ingredients)

As we make and bake most of our menu from scratch, when we're busy we may sell out of some items but there's sure to be something else we can tempt you with!

## MAINS

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### *FISH & CHIPS (NGCI) £13*

Beer battered fish fillet (using Brewdog GF beer) with twice cooked hand cut chips, homemade mushy peas and Debbie's fabulous homemade Tartare Sauce.

### *SAUSAGE & MASH £11*

Cumberland sausages or vegan sausages with Sarah's delicious mustard mash, seasonal veg and gravy.

### *HAM, EGG & CHIPS (NGCI) £9*

Our home slow-cooked Cumbrian ham, fried free range egg from Fran's farm up the road and twice cooked hand cut chips accompanied by Claire's incredible Handmade Sweet Piccalilli (not GF)

### *PIE of THE DAY £12*

with twice cooked hand cut chips, seasonal veg and gravy.

### *QUICHE of THE DAY (V) £8*

Homemade vegetarian quiche with seasonal salad and Christina's tasty homemade coleslaw.

### *SOUP of THE DAY (NGCI) £5*

Helen's awesome homemade soup served with a warm roll (white, seeded or GF) and Netherend Farm butter. Ask for a vegan option.

### *GRANNY'S BIG SALAD £9*

Loads of seasonal healthy stuff, salad leaves and seeds with our own fruity vinaigrette dressing and served with a warm crusty roll (white, seeded or GF)

You can add our homemade coleslaw or hummus £10.50

or

our home cooked ham, chicken, smoked salmon,  
Appleby cheddar , tuna mayo or grilled halloumi £12

## *BURGERS*

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### *GRANNY'S BURGER £12*

Lakeland Steak Burger with cheese, bacon & salad served with our twice cooked hand cut chips and Christina's homemade coleslaw.

### *VEGAN BURGER (VE) £11*

Spicy spinach, potato & chickpea burger with avocado and tomato in a vegan bread bun and served with our twice cooked hand cut chips, and Claire's handmade Tangy Tomato relish.

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## *SIDES*

Seasonal mixed side salad £3  
Twice cooked hand cut Chips £3  
Seasonal Veg £2.50  
Homemade Spinach & Potato cake £2

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## *JACKET POTATOES £7*

Oven baked potatoes served with a seasonal salad and Netherend Farm butter.

Choose fillings from cheddar cheese, chicken, ham, tuna mayo, hummus, baked beans or coleslaw. One filling £7 or Two fillings £8

As we make and bake most of our menu from scratch, when we're busy we may sell out of some items but there's sure to be something else we can tempt you with!

## *SANDWICHES @ LIGHT BITES*

White, wholemeal or gluten free bread and served with a seasonal salad garnish

*THE CLUB* - big enough to share! £9  
Bacon, chicken, ham, tomato, lettuce and mayo

*BLT* Bacon, lettuce, tomato £6.50

*HOME COOKED HAM* & wholegrain mustard £6.50

*TUNA MAYO* £6.50

*CHICKEN BREAST* with lemon and chive mayo £6.50

*CHEESE @ CHUTNEY (V)* £6.50  
Appleby cheddar and Claire's Handmade Tomato Chutney

*EGG MAYO (V)* and cress £6.50

*SMOKED MACKEREL PATE* £6.50

our homemade smoked mackerel pate served with white, wholemeal or GF toast

*HOMEMADE HUMMUS (VE)* £6.50

with toasted pumpkin seeds served with white, wholemeal or GF toast

*HOMEMADE SCOTCH EGG* £6.50

with Claire's Handmade Tomato Relish

*HOMEMADE SAUSAGE ROLLS* £6.50

with Claire's Handmade Sweet Piccalilli

## *FOR KIDS*

Served without any garnish or spicy stuff!

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### *HUMMUS WITH VEG STICKS (VE) £4.50*

Dan's homemade hummus with  
carrot, cucumber and pepper sticks

### *SMALL FISH & CHIPS £8*

our homemade battered fish & twice cooked hand cut chips  
served with mushy peas or beans

### *SAUSAGE & MASH £7*

Cumberland sausage curl or vegan sausages with homemade mashed potato  
served with vegetables or beans

### *SMALL BEANS ON TOAST £3.50*

Baked beans on a slice of white or wholemeal toast

### *KID'S SANDWICH £5*

served with crisps & apple slices  
ham, cheese, egg mayo, chicken or tuna

### *KID'S CUP OF SOUP £3.50*

with white or wholemeal bread & butter

## *PUDDINGS*

Served with Abbott Lodge Jersey dairy ice cream, custard or fresh whipped cream.

Granny Dowbekin's Sticky Toffee Pudding £5.50

Mandy's delicious Toffee Apple Crumble £5.50

Abbott Lodge Dairy Ice Cream pots - various flavours £2.25

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## *CAKES @ TRAYBAKES £3.50*

Choose from the tempting selection of Mandy's homemade cakes and traybakes in our cake display. It's different every day!

We always have gluten free options, vegan cakes and a range of dairy free & nut free delicacies.

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## *SCONES*

Baked freshly in our baking kitchen every day

Fruit or plain scone with butter, strawberry jam & clotted cream £3.50  
with butter and jam £3 or just butter £2.50

Cheese and chive scone with Netherend Farm butter £3

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## *TOASTED TEACAKES*

served with Netherend Farm butter £2.50 add strawberry jam £3

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## *POOLEY GINGERBRIDGE £1.50*

Our own ginger shortbread lovingly made by Sarah in the shape of the old Pooley Bridge. See the display for gift packs to take away

## *AFTERNOON TEA FOR TWO*

A selection of sandwiches, savouries, cakes and traybakes,  
a clotted cream scone and traditional English tea for two

**£35**

## *SPARKLING*

## *AFTERNOON TEA FOR TWO*

A selection of sandwiches, savouries, cakes and traybakes,  
a clotted cream scone, traditional English tea for two  
and 750ml Prosecco

**£50**

## *GLUTEN FREE*

## *AFTERNOON TEA FOR TWO*

A selection of gluten free sandwiches, savouries, cakes and traybakes,  
a clotted cream gluten free scone and traditional English tea for two  
(booking 48 hours in advance is required)

**£35**

## *VEGAN*

## *AFTERNOON TEA FOR TWO*

A selection of vegan sandwiches, savouries, cakes and traybakes,  
a vegan scone and any speciality tea for two  
(booking 48 hours in advance is required)

**£35**

All our afternoon teas are presented on a traditional three tiered stand.

## *TEA*

Our tea is always served in a teapot  
with an extra pot of hot water - as it should be!

**YORKSHIRE TEA**  
with or without caffeine

*£2.30*

Speciality Herbal teas served in silken temples by Teapigs

*£2.50*

### **STRONG EARL GREY**

Powerful Assam and Rwandan blended with the more delicate Ceylon and Darjeeling to give the perfect strong tea base to complement the zesty bergamot

### **GREEN TEA MAO FENG**

With its mellow caffeine buzz and its antioxidant properties, a daily (or thrice-daily) dose of green tea will have you feeling and looking radiant.

### **PEPPERMINT TEA**

The whole peppermint leaves are used so you'll find the flavour of this blend much stronger and fresher than regular dusty paper teabags.  
Sip this when your stomach is grumbling.

### **SUPERFRUIT TEA**

Real whole berries (cranberries and blueberries) give a fruit tea that packs a super fruity punch. These ingredients are great super-foods so as well as a great tasting cuppa, you get a health kick too!

### **CHAI**

Rich, malty Assam tea is blended with exotic cardamom pods, cinnamon, ginger and vanilla to develop this blend of this delicious and satisfying tea that encapsulates all the colour and vibrancy of India in a cup.

### **LEMON AND GINGER**

This all natural gingery lemony brew will sweep you away to a British summers day. There is no match for the ginger kick and refreshing lemon in this infusion

### **HONEYBUSH & ROOIBOS**

A nutrient rich blend of rooibos (Afrikaans for "red bush") and honey bush, two native South African shrubs.

## COFFEE

*REGULAR £2.80 LARGE £4*

We use Tunki Organic Arabica Peruvian Rain Forest Alliance beans. A beautifully balanced 100% arabica, single origin, gourmet coffee originating from the Peruvian Andes. This exclusive organic coffee encompasses intensity of flavour, full body and citrus acidity

Tunki® boasts a superb floral aroma with sweet chocolate and treacle notes, enhanced with undertones of citrus and red berries.

Tunki® coffee comes from the Puno region of Peru. It is named after the Tunki bird "cockerel of the rocks" (some call it cock of the rocks...) and is grown at an altitude of about 1300-1800 meters. It is usually farmed by Quechuan and Aymara people in sustainable ways, harvested by hand and nourished by spring water.

Decaff is available on all coffees  
and we offer soya or almond milk alternatives to dairy

**DOUBLE ESPRESSO** two shots of coffee

**AMERICANO** two shots of coffee with hot water

**LATTE** single shot of coffee with foamy hot milk

**FLAT WHITE** two shots of coffee with hot milk

**CAPPUCCINO** two shots of coffee with hot milk, a frothy top  
and chocolate sprinkles

**MOCHACCINO** single shot of coffee with hot milk and chocolate  
topped with chocolate sprinkles

**ICED LATTE** single shot of coffee over ice and cold milk

**INSTANT COFFEE** served with extra hot water £2.50

all available with caramel, vanilla, hazelnut or gingerbread syrup

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## *HOT CHOCOLATE £2.80*

Indulgent hot chocolate made with fresh milk.  
Choose your toppings from Maltesers, Marshmallows or whipped cream.  
One topping £3.30 Two toppings £3.80

## *THE BIG ONE*

All three toppings and a chocolate spoon

*£4.30*

## *COLD DRINKS*

### **FRANKLIN'S Cloudy Apple & Yorkshire Rhubarb with Cinnamon £2.50**

The sweetness of the apple juice is perfectly balanced with tartness from Yorkshire rhubarb and subtle tones of cinnamon to deliver a uniquely refined refreshment

### **FRANKLIN'S Sicilian Lemonade & English Elderflower £2.50 with Crushed Juniper**

Opens with a burst of citrus, balanced with a hint of juniper which subtly and gently fades to the refreshing, floral tones of elderflower.

### **FRANKLIN'S Brewed Ginger Beer with Malted Barley £2.50 & a Squeeze of Lemon**

A sweet and malty aroma is quickly followed by the freshness of lemons. You will find this lovely ginger beer builds its heat quickly & impressively by the mouthful.

### **FRANKLIN'S British Dandelion & Handpicked Burdock with Star Anise £2.50**

A British root masterclass. Herbal tones from the star anise rise through the deep and earthy richness of the burdock root which compliments the notes of dandelion.

### **FRANKLIN'S Wild Strawberry & Scottish Raspberry £2.50 & Cracked Black Pepper**

Delivers an initial burst of summer fruit which slowly softens to reveal a subtle hint of pepper which perfectly complements the sweetness of the berries.

### **HARROGATE STILL or SPARKLING WATER**

A mineral water well balanced and rich in good minerals, refreshing with a subtly sweet flavour.

Available in 330 ml £1.50 or 750ml bottles £3

### **FRUIT JUICES (not from concentrate)**

Orange or Apple, large £2.50 or small £1.50

**COKE, DIET COKE, SPRITE or FANTA 330ml £2.50**

**RIBENA or ORANGE SQUASH £1.50**

## *MILKSHAKES £4*

freshly blended with Abbott Lodge Jersey ice cream  
chocolate, banana or strawberry

# *ALCOHOLIC DRINKS*

## *BEERS*

From BRACK'N'BREW, Ullswater Brewing co.

Rambling Bookkeeper Bitter 500ml 4.1% £4

Boathouse Blonde 500ml 3.8% £4

Steamer Stout 500ml 4.4% £4

Aira Force IPA 500ml, 5.9% £4

Alfred's Golden Ale 500ml 3.2% £4

MORETTI ITALIAN LAGER 330ml 4.6% £3

MORETTI ITALIAN LAGER 660ml 4.6% £5

FOSTERS RADLER LAGER SHANDY 300ml 2% cut with cloudy lemon £2.50

EDEN GOLD 500ml 4.2% Eden Brewery £4

BREWDOG Pale Ale (GF and vegan) 330ml 4.5% £3

## *CIDERS £4*

WESTONS ORGANIC CIDER 500ml 6%

OLD MOUT Cherries & Berries Cider 500ml 4%

OLD MOUT Passionfruit & Apple Cider 500ml 4%

*WINE £4.50* by the small bottle 187ml

SAUVIGNON BLANC, PINOT GRIGIO, ROSÉ, MERLOT, SHIRAZ  
PROSECCO £5.50

*WINE £15* by the large bottle 750ml

SAUVIGNON BLANC,  
PINOT GRIGIO,  
ZINFANDEL BLUSH  
MERLOT, SHIRAZ  
PROSECCO £18

## *CUMBERLAND SAUCY GIN AND TONIC £6.50*

Inspired by the traditional recipe for Cumberland sauce, Cumberland Saucy Gin is a spicy juniper forward gin, fruity with redcurrants. Available exclusively to buy from our neighbours at Chestnut House, Pooley Bridge.

Cumberland Saucy Gin 50ml (double) and Franklin's Tonic

# *VEGAN OPTIONS*

THE VEGAN BREAKFAST

AVOCADO ON TOAST

BEANS ON TOAST

VEGAN PORRIDGE

VEGAN SAUSAGE BREAKFAST ROLL

JUST TOAST

VEGAN SOUP of THE DAY

GRANNY'S BIG VEGAN SALAD

JACKET POTATO

with hummus and toasted pumpkin seeds  
or baked beans.

HUMMUS & TOAST

THE VEGAN BURGER.

VEGAN FRUITCAKE

VEGAN CHOCOLATE BROWNIE

ABBOTT LODGE FRUIT SORBET

VEGAN AFTERNOON TEA FOR TWO  
(booking 48 hours in advance required)

## *GLUTEN FREE OPTIONS*

We're not a Gluten Free kitchen but we use none gluten containing ingredients in these dishes and conscientiously avoid any cross contamination.

### THE GLUTEN FREE BREAKFAST

BACON & EGGS

SMOKED SALMON & EGGS

EGGS ON TOAST

AVOCADO ON TOAST

BEANS ON TOAST

all with GLUTEN FREE TOAST

FISH & CHIPS

HAM, EGG & CHIPS

SOUP of THE DAY with GF roll

GRANNY'S BIG SALAD with GF roll

JACKET POTATO - any filling

SANDWICHES - any filling with GF bread

SMOKED MACKEREL PATE & GF TOAST

HUMMUS & GF TOAST

VICTORIA SPONGE CAKE

MUFFIN of THE DAY

ABBOTT LODGE ICE CREAM

GLUTEN FREE AFTERNOON TEA FOR TWO  
(booking 48 hours in advance required)



## *SOME of OUR SUPPLIERS*

### **GLEN HUSH FARM, CUMBRIA**

Our free range eggs are delivered by Fran every other day  
- fresh from the chickens!

### **ABBOTT LODGE ICE CREAM**

Abbott Lodge, near Penrith, Cumbria is a working dairy farm with pedigree Jersey cows. Set in the spectacular scenery of the Eden Valley midway between the Pennines and the Northern Lake District they make high quality homemade Jersey ice cream.

### **BRACK 'N' BREW**

Ullswater's very own microbrewery supply us with five great ales with wonderful names like the Boathouse Blonde and the Steamer Stout.

### **HIGHGATE MEATS**

Based in Troutbeck, just up the road, deliver our fabulous bacon every day.

### **APPLEBY CREAMERY**

Our cheese is the result of a collaboration between dairy farmer and cheesemaker at the creamery in Appleby, Cumbria.

### **THE FISH CELLAR**

our local fresh fish supplier based in Penrith

### **CLAIRE'S HANDMADE PRESERVES**

a small food producer based in the beautiful county of Cumbria,  
on the outskirts of the English Lake District.